



## **POST OPERATIVE INSTRUCTIONS SKIN LESION**

1. Refrain from heavy standing or walking for the remainder of the day. If unavoidable you may experience some bleeding into the bandage.
2. Leave the dressing intact and dry for 24 hours.
3. After removing the dressing, soak in Betadine and luke warm water for 20 minutes, let your feet air dry for 20 minutes, apply a topical antibiotic cream, such as Neosporin or Bacitracin, or the prescribed antibiotic, once a day and cover with a bandaid for one to two weeks.
4. Some soreness may occur the first few days. Aspirin or Tylenol are usually effective.
5. If you experience excessive pain or uncontrolled bleeding (very rare) please contact the office.
6. Usually, one follow up visit is required at one to two weeks.